



NEWBORN WARNING SIGNS



Call 911
if your baby:

- is not breathing
- is unresponsive
- has a seizure



Go to the emergency room or urgent care
if your baby has:

- difficulty breathing
- a sudden change in color
- green spit-up



Call your newborn's healthcare provider
if your baby:

- has a temperature below 97.7°F (36.5°C) or above 100.4°F (38 °C)
- is not eating well
- has a change in wet or dirty diapers
- shows signs of illness or infection
- has yellow eyes or skin
- is crying more than usual

These newborn warning signs can become life-threatening without medical care.

- **If your baby isn't breathing**, begin CPR immediately.
- **An unresponsive baby** is floppy or limp like a rag doll and can't wake up.
- **Seizures** are unusual rhythmic movements that you can't stop.
- **Your baby may have difficulty breathing** if:
 - they have a pause in breathing that worries you
 - they are breathing fast (more than 60 breaths per minute)
 - they are noisy while breathing (wheezing or whistling sounds)
 - they are sucking in below or between the ribs and/or in the neck with each breath
- **A sudden change in color** means your baby may be blue, grey, or pale, especially around the mouth/lips/tongue.
- **Green spit-up** may be a sign of a surgical emergency.
- **If your baby has a low or high temperature**, your healthcare provider will tell you what to do next.
- **Signs your baby isn't eating well** include:
 - unusual vomiting
 - less than 8 feedings in 24 hours
 - regularly needs to be awakened for feedings
 - refuses several feedings
 - unable to suck and swallow well
 - eating for shorter periods of time or taking less than usual from a bottle
- **Change in wet or dirty diapers** means:
 - a decrease in the number of wet diapers per day
 - the stomach seems rounder and harder than usual
 - blood in the diaper
- **Signs of illness or infection** may include redness or drainage from the umbilical cord, bleeding or discharge from the circumcision site, cough, runny or stuffy nose.
- **Yellow eyes or skin** are signs of jaundice which should be evaluated by a healthcare provider.
- **Crying more than usual** means your baby is excessively fussy and difficult to console.

Healthcare Provider's Name/Number:

Closest Pediatric Hospital:

Every baby is different. Trust your knowledge of your baby and call your baby's provider if you see signs that are worrisome to you.