THE CALIFORNIA
PREGNANCY-ASSOCIATED
MORTALITY REVIEW

Report from 2002 to 2007

Maternal Death Reviews

PublicHealth

This project was supported by the Federal title V Maternal Child Health block grant funds received from the California Department of Public Health; Center for Family Health; Maternal, Child, and Adolescent Health Division







The California Pregnancy-Associated Mortality Review (CA-PAMR)

- Initiated in 2006 in response to rising maternal mortality rates and persistent racial/ethnic disparities
- Goals:
 - Identify pregnancy-related deaths, their causes, risk factors and prevention opportunities
 - Recommend improvements in maternity care, public health programs and surveillance
- Recent report covers in-depth review of maternal deaths from obstetric causes during 2002-2007
- Currently PAMR is
 - Reviewing maternal suicides
 - Planning for future targeted review of obstetric deaths



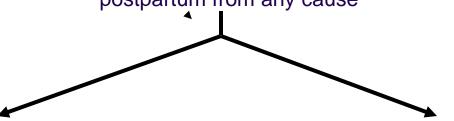
Key Definitions

Maternal Mortality Rate

Number of women who die from pregnancy-related causes while pregnant or within 42 days postpartum / the number of live births in that year x 100,000.

Pregnancy-Associated Deaths

Death of a woman while pregnant or within one year postpartum from any cause



Pregnancy-Related Deaths

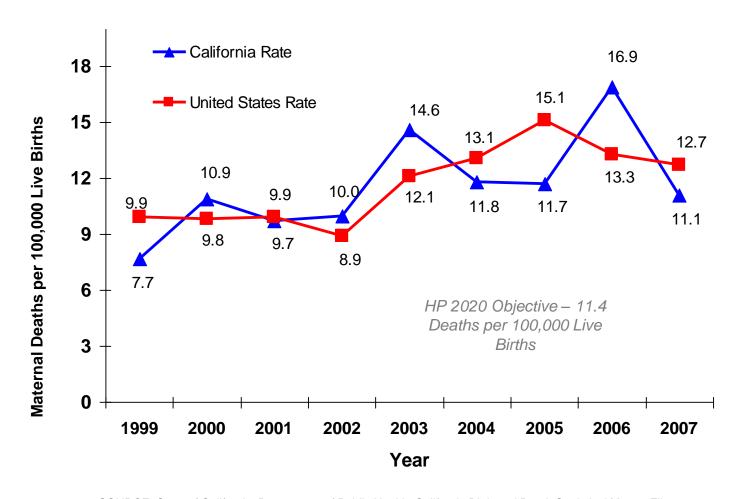
Death of a woman within one year postpartum related to pregnancy or aggravated by the pregnancy or its management

Not-Pregnancy-Related Deaths

Death of a woman within one year postpartum unrelated to pregnancy or its management



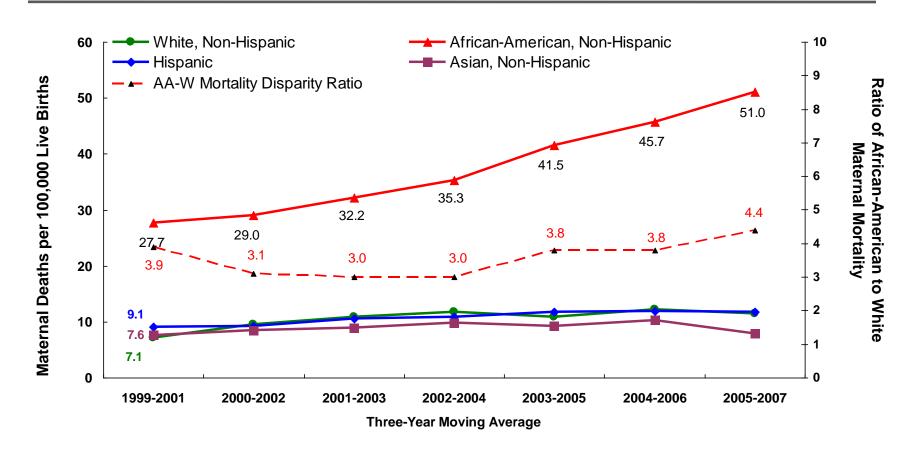
Maternal Mortality Rates, California Residents and the United States; 1999-2007



SOURCE: State of California, Department of Public Health, California Birth and Death Statistical Master Files, 1999-2007. Maternal mortality for California (deaths ≤ 42 days postpartum) was calculated using ICD-10 cause of death classification (codes A34, O00-O95,O98-O99). United States data and HP2020 Objective use the same codes. U.S. maternal mortality data is published by the National Center for Health Statistics (NCHS). Produced by California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, May, 2015.



Maternal Mortality Rates by Race/Ethnicity, California Residents; 1999-2007



SOURCE: State of California, Department of Public Health, California Birth and Death Statistical Master Files, 1999-2008. Maternal mortality rates for California (deaths ≤ 42 days postpartum) were calculated using ICD-10 cause of death classification (codes A34, O00-O95,O98-O99). Produced by California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, May, 2015.



Why Did Maternal Mortality Rise through 2006?

- Increasing maternal age, obesity, and chronic conditions
 - Within California childbearing population during 2002-2007, maternal age, obesity, and hypertension and diabetes all increased.
 - Among pregnancy-related deaths, rates of diabetes and hypertension were two and four times higher, respectively, than delivering women.
 - The PAMR Committee determined that when diabetes and hypertension were present, they were a contributing factor in 72% and 74% of the deaths.
- Factors related to the quality of health care, both inpatient and outpatient, were likely to have been involved
 - Numerous factors were identified as needing improvement.
 - 81% of pregnancy-related deaths had at least one healthcare provider factor identified.
 - 44% had at least one facility issues identified.

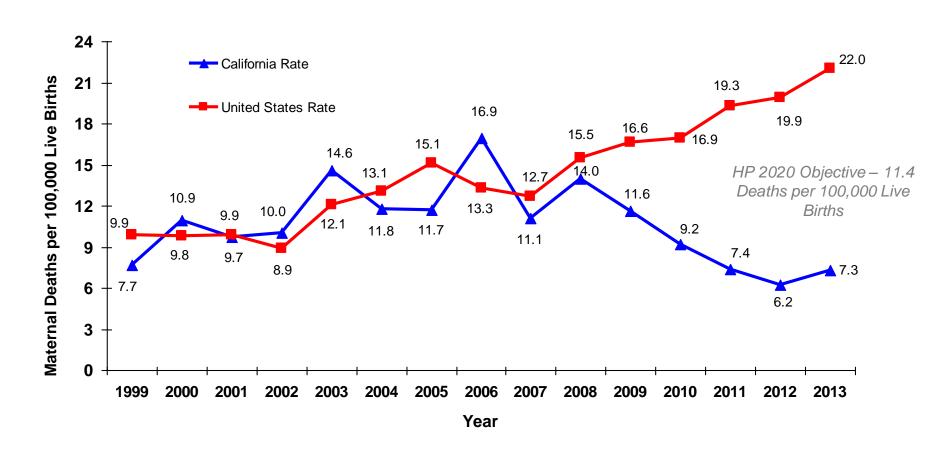


Why Did Maternal Mortality Rise through 2006?

- Social factors, (i.e., lower socioeconomic status, low levels of social support or coping skills, chronic exposure to social stressors such as racism), or differential access to health care may have played an important role.
 - CA-PAMR found women who died were more likely to be African-American, lack a partner, have Medi-Cal insurance, less education, and use alcohol, tobacco or illegal drugs during pregnancy.
 - Nearly 10% were homeless or incarcerated while pregnant, and 12% had a mental health diagnosis noted.
- Better data collection may account for increased rates: ICD-10 codes (1999), pregnancy check box added (2003) to the death certificate
 - Better data collection accounted for up to 45% of increased mortality rates in California
 - However, data collection methods can't explain 55% of the increase
 - Deaths before 2003 were likely under-ascertained



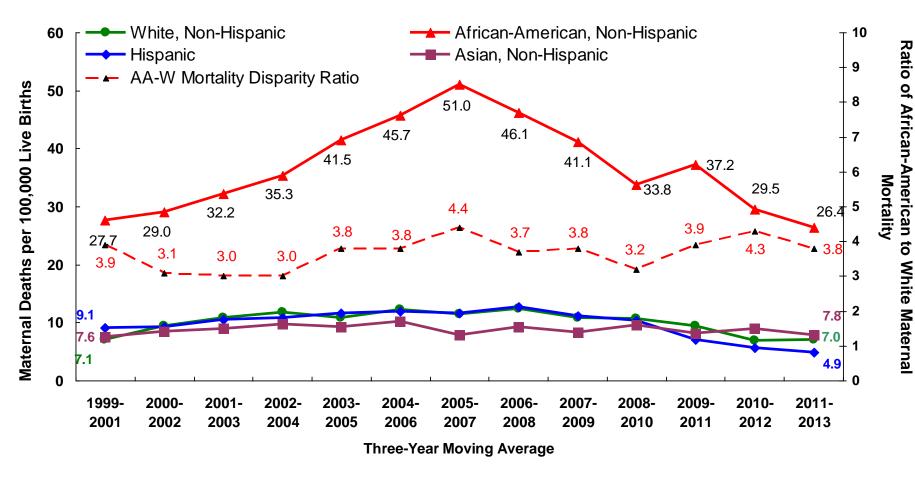
Maternal Mortality Rates, California Residents and the United States; 1999-2013



SOURCE: State of California, Department of Public Health, California Birth and Death Statistical Master Files, 1999-2013. Maternal mortality for California (deaths ≤ 42 days postpartum) was calculated using ICD-10 cause of death classification (codes A34, O00-O95,O98-O99). United States data and HP2020 Objective use the same codes. U.S. maternal mortality data is published by the National Center for Health Statistics (NCHS) through 2007 only. U.S. maternal mortality rates from 2008 through-2013 were calculated using CDC Wonder Online Database, accessed at http://wonder.cdc.govon March 11, 2015. Produced by California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, May, 2015.



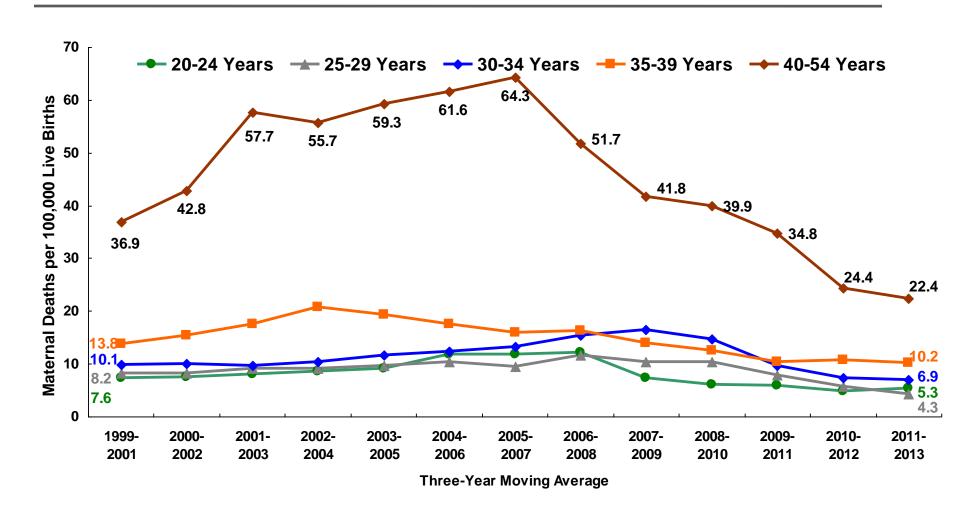
Maternal Mortality Rates by Race/Ethnicity, California Residents; 1999-2013



SOURCE: State of California, Department of Public Health, California Birth and Death Statistical Master Files, 1999-2013. Maternal mortality rates for California (deaths ≤ 42 days postpartum) were calculated using ICD-10 cause of death classification (codes A34, O00-O95,O98-O99). Produced by California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, May, 2015.



Maternal Mortality Rates by Age Group, California Residents; 1999-2013



SOURCE: State of California, Department of Public Health, California Birth and Death Statistical Master Files, 1999-2013. Maternal mortality rates for California (deaths ≤ 42 days postpartum) were calculated using ICD-10 cause of death classification (codes A34, O00-O95,O98-O99). Produced by California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, May, 2015.

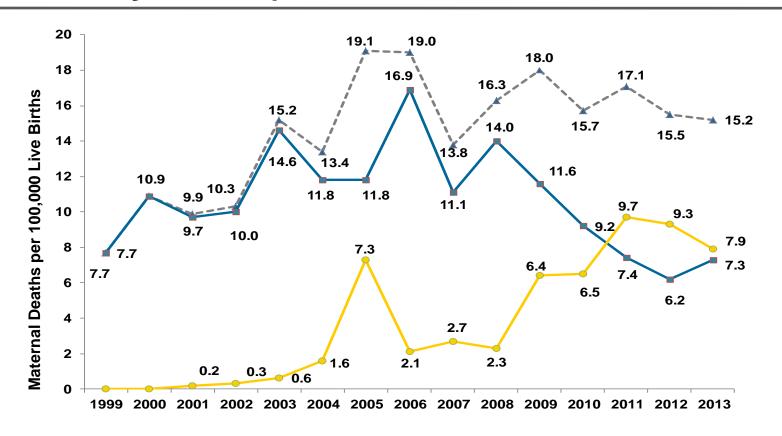


Decline in California Maternal Mortality Rates

- 47% statistically significant decline from 2008 to 2013
 - Sustained when some known reporting errors were accounted for
- California is bucking the trend compared to nation and other states, where rates are still on the rise
- Decline likely reflects the collective impact of many activities
 - CDPH investment in maternal health programs, including PAMR
 - Strong engagement of California maternity care providers by CMQCC and other health and medical organizations
 - California Toolkits and hospital learning collaboratives improve care
 - Heightened attention and activity by:
 - Federal public health partners: CDC Division of Reproductive Health, HRSA Maternal and Child Health Bureau
 - Medical professional organizations: ACOG, The Joint Commission, SMFM, AWHONN



Maternal Mortality Rates (<42 days, 43-365 days, total) California Residents; 1999-2013



- ★- Total California Maternal Mortality Rate (all deaths up to one year postpartum)
- --- Early California Maternal Mortality Rate (standard calculation: deaths up to 42 days postpartum)
- Late California Maternal Mortality Rate (43-365 days postpartum)

SOURCE: State of California, Department of Public Health, California Birth and Death Statistical Master Files, 1999-2013. Maternal mortality for California 'early' mortality rate (deaths ≤ 42 days postpartum) was calculated using ICD-10 cause of death classification (codes A34, O00-O95,O98-O99). 'Late' mortality rate (43-365 days postpartum) was calculated with ICD-10 code O96. The total rate is the combination of all ICD-10 codes listed. Produced by California Department of Public Health, Center for Family Health, Maternal, Child and Adolescent Health Division, May, 2016.



Decline in California Maternal Mortality Rates

- Overall, when both early (<42 days postpartum) and late (43-365 days postpartum) maternal deaths are included, the combined mortality rate (0-365 days postpartum) during 2008 and 2013 decreased by 20% (p=NS).
- The rise in 'late' deaths (43-365 days postpartum) is concerning and needs to be better understood.
- This may reflect:
 - Better care at the time of labor and delivery and improved response to obstetric emergencies
 - More late postpartum deaths among older women, or women with chronic disease
 - Decreased access to health care or a change in the quality of care among women whose Medi-Cal benefits for pregnancy end after 60 days postpartum.



CA-PAMR Project Team

California Department of Public Health (CDPH);
 Maternal, Child and Adolescent Health (MCAH)
 Project home, funder

Public health authority
Vital records, epidemiology

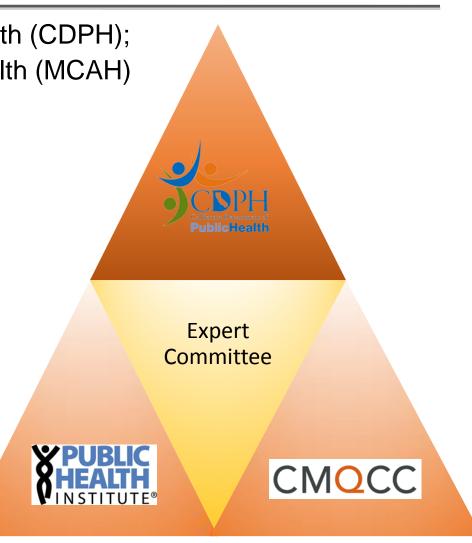
- Public Health Institute (PHI)
 - Medical records

 Data management and analysis
- California Maternity Quality
 - Care Collaborative (CMQCC)

Quality improvement Committee support

Engage maternity care providers

 Multidisciplinary Expert Review Committee





CA-PAMR Committee

Current Members

Elliott Main, MD, Chair

Deirdre Anglin, MD, MPH

Conrad Chao, MD

Maurice Druzin, MD

Michael Fassett, MD

Elyse Foster, MD

Kristi Gabel, RNC, MSN, CNS

Dodi Gauthier, MEd, RNC

Kimberly Gregory, MD, MPH

Afshan Hameed, MD, FACOG,

FACC

Thomas Kelly, MD

Nathana Lurvey, MD

Natalie Martina, BSN, MSN, CNM

Barbara Murphy, MSN, RN

Larry Newman, MD, FACOG

Ed Riley, MD

Marla Marek Seacrist, PhD RNC

Larry Shields, MD

Lucy Van Otterloo, PhD, RN, CNS



Key Steps of CA-PAMR Methodology

STEP 1: Hospital discharge data linked to birth, death certificates

Identifies women who died within one year postpartum from any cause (*Pregnancy-Associated Cohort*)

STEP 2: Additional data gathered for each death

Coroner Reports, Autopsy Results, and additional information from the Death Certificate (e.g., multiple causes of death, recent surgeries, etc) are obtained

STEP 3: Cases selected for CA-PAMR Committee review

Documented (ICD-10 obstetric ("O") code) and suspected pregnancy-related deaths are prioritized for review

STEP 4: Medical records abstracted and summarized

Labor and delivery, prenatal, hospitalization, transport, outpatient and emergency department records are obtained and summarized

STEP 5: Cases reviewed by CA-PAMR Committee

Committee determines whether the death was pregnancy-related, the cause of death, contributing factors and quality improvement opportunities



Case Ascertainment of Pregnancy-Related Deaths from Enhanced Surveillance and Case Review; 2002-2007

Steps 1 and 2:

1,059 Pregnancyassociated deaths identified, per Death Certificate

Pregnancy-Associated Deaths (n=1,059)

Obstetric Deaths

per Death Certificate (ICD-10 obstetric "O" Codes) (n=328; 31%)

Non-Obstetric Deaths

per Death Certificate (All other ICD-10 Codes) (n=731; 69%)

Steps 3 and 4:

427 Pregnancyassociated deaths screened and selected for expert case review Reviewed by CA-PAMR Committee (n=292) Screened and Selected for Review by CA-PAMR Committee (n=135)

Step 5:

333 Pregnancyrelated deaths identified, per CA-PAMR Committee

Pregnancy-Related Deaths

per CA-PAMR Committee (n=255)

Pregnancy-Related Deaths

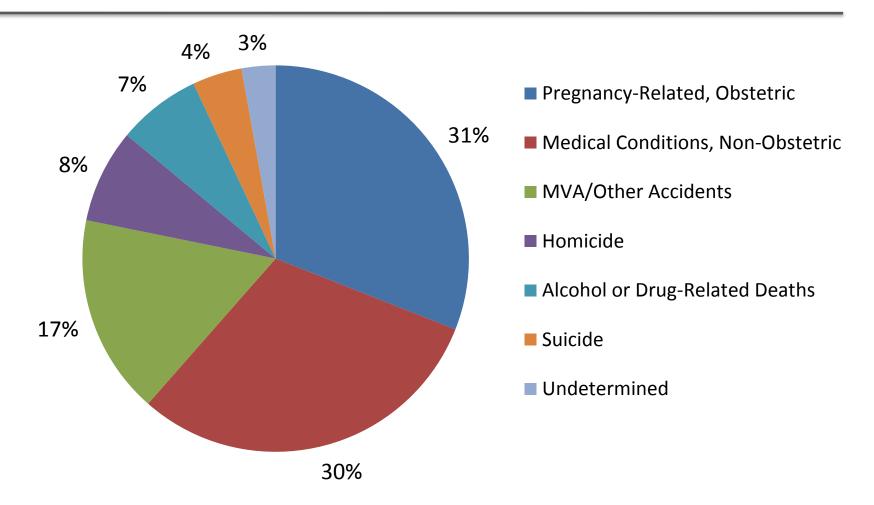
per CA-PAMR Committee (n=78)

Total Pregnancy-Related Deaths

per CA-PAMR Committee (n=333)



Causes of Pregnancy-Associated Deaths, from the Death Certificate*, California Residents, 2002-2007 (N=1,059)





Leading Causes of Pregnancy-Associated Death based on California Death Certificates, 2002-2007

(N=1,059) (Before CA-PAMR review)

	Obstetric Codes	(n=328)	N	on-Obstetric Codes	(n=731)
•	Preeclampsia/eclampsia	(12.5%)	•	Motor vehicle / Other accidents	(25%)
•	Hemorrhage	(9%)	•	Other medical conditions	(20%)
•	Amniotic fluid embolism	(6%)	•	Cancer or its complications	(13%)
•	Cardiovascular disease	(5%)	•	Homicides	(11%)
•	Sepsis/infection	(1.5%)	•	Cardiovascular disease	(10%)
•	Other unspecified	(66%)	•	Alcohol and other drugs	(10%)
	complications of labor,		•	Suicides	(6%)
	delivery and pregnancy		•	Undetermined / Other	(5%)



CA-PAMR Expert Case Review

- In-depth, multidisciplinary, expert medical record review to:
 - Classify death as pregnancy-related or not
 - Determine cause of death and degree of preventability
 - Determine risk level at time of prenatal care and at labor and delivery
 - Assess patient, facility and health care provider factors contributing to death
 - Identify opportunities for quality improvements in maternity care



Clinical Causes of Pregnancy-Related Deaths, per CA-PAMR Committee 2002-2007 (N=333)

Clinical Cause of Pregnancy-Related Deaths	N (%)
Cardiovascular disease	87 (26)
Cardiomyopathy	51 (15)
Other cardiovascular	36 (11)
Preeclampsia/eclampsia	54 (16)
Obstetric hemorrhage	33 (10)
Venous thromboembolism	29 (9)
Sepsis	27 (8)
Cerebrovascular accident	26 (8)
Amniotic fluid embolism	24 (7)
Anesthesia complications	6 (2)
Cancer (diagnosis or treatment delayed by pregnancy)	5 (1.5)
Acute fatty liver	4 (1)
Drug abuse complications	4 (1)
All Other Causes	34 (10)
TOTAL	333

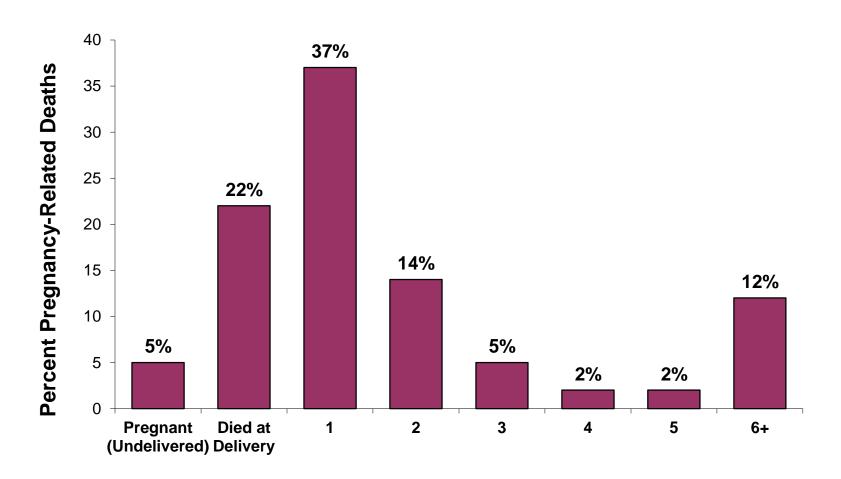


Misclassification of the CA-PAMR Pregnancy-Related Top Causes of Death, 2002-2007 (N=333)

Cause of Death after CA-PAMR Review	Total Pregnancy-	Original ICD-10 Code on Death Certificate			
	Related Deaths N (%)	ICD-10 Obstetric "O" Codes N (%)	ICD-10 Obstetric Non-"O" Codes N (%)		
Cardiovascular Disease	87 (26%)	53 (21%)	34 (44%)		
Cardiomyopathy	51 (15%)	25 (10%)	26 (33%)		
Other cardiovascular	36 (11%)	28 (11%)	8 (10%)		
Preeclampsia/eclampsia	54 (16%)	48 (19%)	6 (8%)		
Obstetric hemorrhage	33 (10%)	33 (13%)	0		
Venous thromboembolism	29 (9%)	22 (9%)	7 (9%)		
Sepsis	27 (8%)	25 (10%)	2 (3%)		
Cerebrovascular accident	26 (8%)	15 (6%)	11 (14%)		
Other	77 (23%)	59 (23%)	18 (23%)		
TOTAL	333	255	78		



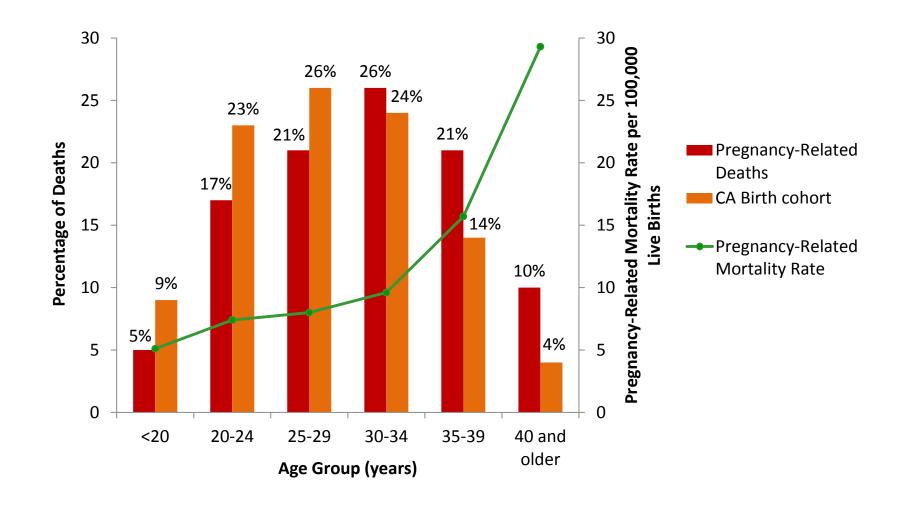
CA-PAMR Pregnancy-Related Deaths, Timing of Deaths 2002-2007 (N=333)



Number of Weeks Between Infant's Birth and Maternal Death



Age Distribution among California Birth Cohort and Pregnancy-Related Deaths, California; 2002-2007





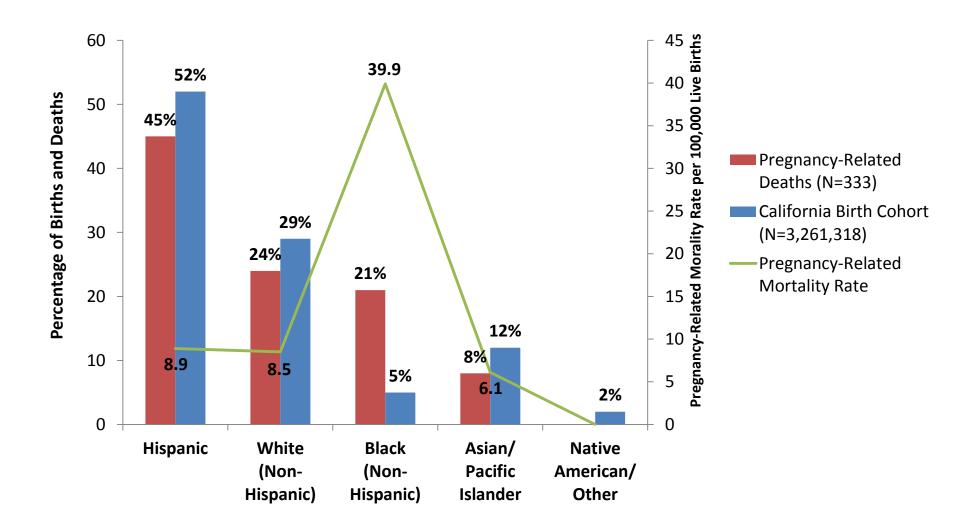
Pregnancy-Related Deaths and California Birth Cohort, Selected Demographic Characteristics, California; 2002-2007

	Pregnancy- Related Deaths (N=333) N (%)	CA Birth Cohort (N=3,310,485) N (%)
Payer Source		
Medi-Cal / other government	193 (58)*	1,564,874 (47)
Private HMO/PPO	124 (37)	1,622,765 (49)
Other/Unknown/Uninsured	16 (5)	122,846 (4)
Education		
Less than high school	94 (28)*	345,929 (10)
High school/12th grade	106 (32)*	1,465,010 (44)
Some secondary	113 (34)*	1,407,259 (43)
Unknown	20 (6)*	92,287 (3)

^{*}p<.05

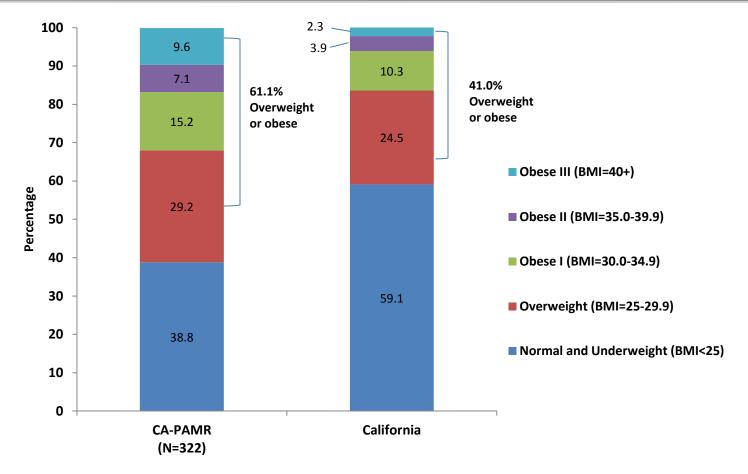


Racial/Ethnic Distribution of Pregnancy-Related Deaths, CA-PAMR and California Birth Cohort, 2002-2007





Maternal Pre-Pregnancy BMI Status of CA-PAMR Pregnancy-Related Deaths and California Births; 2002-2007

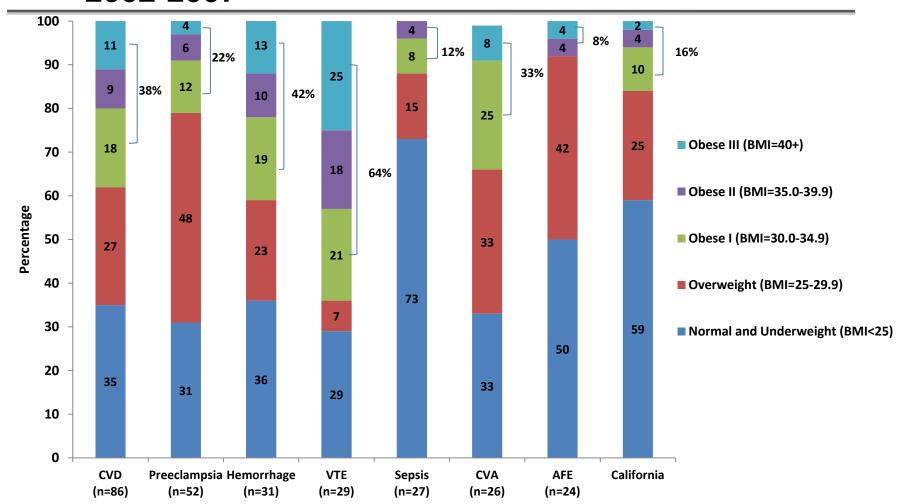


Source: The California Pregnancy-Associated Mortality Review. Report from 2002-2007 Maternal Death Reviews. Sacramento: California Department of Public Health, Maternal, Child and Adolescent Health Division. 2018

- CA-PAMR Pregnancy-Related: Weight and height data were obtained from prenatal records, hospital labor and delivery records or outpatient visits. If pre-pregnancy weight was not recorded, the weight from the first prenatal visit up to 10 weeks gestation was used. Women with no BMI data available were excluded from this analysis.
- MIHA: California Maternal Infant Health Assessment (MIHA), a statewide, representative survey of postpartum women who gave birth in California in 2002-2007. MIHA is akin to the CDC's Pregnancy Risk Assessment Monitoring System.



Maternal Pre-Pregnancy BMI Status CA-PAMR Pregnancy-Related Deaths and California Births; 2002-2007



Source: The California Pregnancy-Associated Mortality Review. Report from 2002-2007 Maternal Death Reviews. Sacramento: California Department of Public Health, Maternal, Child and Adolescent Health Division. 2018

- CA-PAMR Pregnancy-related deaths: Weight and height data were obtained from prenatal records, hospital labor and delivery records or outpatient visits. If pre-pregnancy weight was not recorded, the weight from the first prenatal visit up to 10 weeks gestation was used. Women with no BMI data available were excluded from this analysis.
- California: California Maternal Infant Health Assessment (MIHA), a statewide, representative survey of postpartum women who gave birth in California in 2002-2007. MIHA is akin to the CDC's Pregnancy Risk Assessment Monitoring System.



CA-PAMR Pregnancy-Related Deaths, Level of Risk at Entry to Prenatal and Intrapartum Care; 2002-2007

	Low-Risk	Not-Low-Risk Top Reasons (not mutually exclusive)
Risk Level at Entry to Prenatal Care	78 (24%)	247 (76%) ➤ Obesity ➤ Significant medical condition ➤ Prior high-risk obstetric history ➤ Hypertension ➤ Age ≥ 40 years ➤ Grand multiparity (5 or more prior births)
Risk Level at Entry to Intrapartum Care	27 (9%)	284 (91%) Hypertension/preeclampsia Other reason, unspecified Significant medical condition Heart disease Prenatal risks above that would not change (obesity, age, parity, prior high-risk obstetric history)



Pregnancy-Related Mortality Rates by Race/Ethnicity among Leading Four Causes of Death, CA-PAMR, 2002-2007

	Cardiovascular		Preeclampsia		Obstetric		Venous	
	Disease		/ Eclampsia		Hemorrhage		Thromboembolism	
Race / Ethnicity	N	Rate (95% CI)	N	Rate (95% CI)	N	Rate (95% CI)	N	Rate (95% CI)
Hispanic	30	1.8 (1.1, 2.4)	33	2.0 (1.3, 2.6)	20	1.2 (0.7, 1.7)	14	0.8 (0.4, 1.3)
Foreign-Born	15	1.4 (0.7, 2.1)	24	2.3 (1.4, 3.2)	11	1.0 (0.4, 1.7)	6	0.6 (0.1, 1.1)
U.SBorn	15	2.4 (1.2, 3.5)	9	1.4 (0.5, 2.3)	9	1.4 (0.5, 2.3)	8	1.3 (0.4, 2.1)
White	22	2.3 (1.3,3.3)	13	1.4 (0.6, 2.1)	7	0.7 (0.2, 1.3)	7	0.7 (0.2, 1.3)
African- American	31 (17.4* (11.3, 23.6)) 6	3.4 (0.7, 6.1)	4		7	3.9 (1.0, 6.9)
Other	4		2		2		1	
Total N / Rate	87	2.6 (2.1, 3.2)	54	1.6 (1.2, 2.1)	33	1.0 (0.7, 1.3)	29	0.9 (0.6, 1.2)

^{*}p<.05



Mode of Delivery among Pregnancy-Related Deaths, CA-PAMR, 2002-2007

Deaths Before Delivery Total Delivered

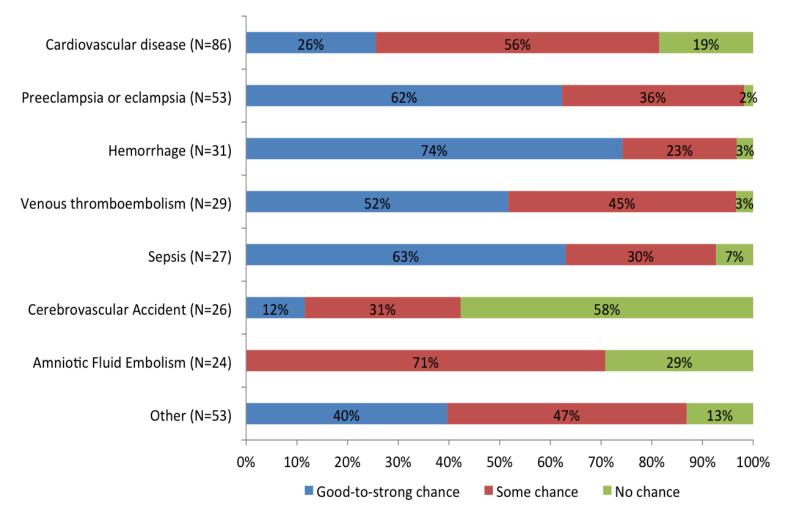
Cesarean Type	Unplanned in Labor	Planned or Scheduled	Crash or Emergent	Perimortem/ Undergoing CPR	Total
Primary	51	5	46	30	132
Repeat	20	24	22	6	72
Total	71	29	68	36	204
Vaginal Type	Spontaneous	Assisted (forceps/ vacuum)	Vaginal Cesare		
Total	93	15	3		111

18

315



CA-PAMR Pregnancy-Related Deaths, Chance to Alter Outcome by Cause of Death; 2002-2007 (N=329)

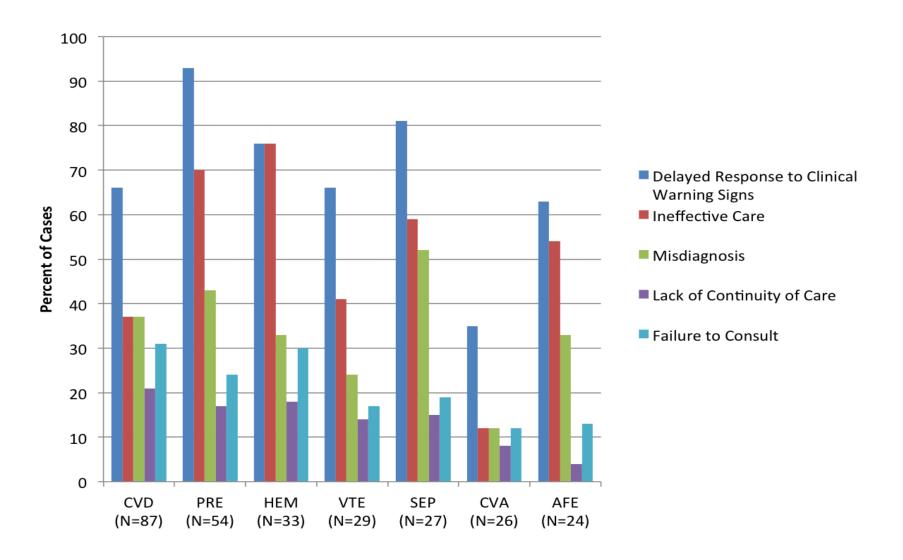


Note: The CA-PAMR committee was unable to determine the preventability in two hemorrhage deaths, one cardiovascular and one preeclampsia/eclampsia death.

Source: The California Pregnancy-Associated Mortality Review. Report from 2002-2007 Maternal Death Reviews. Sacramento: California Department of Public Health, Maternal, Child and Adolescent Health Division. 2018

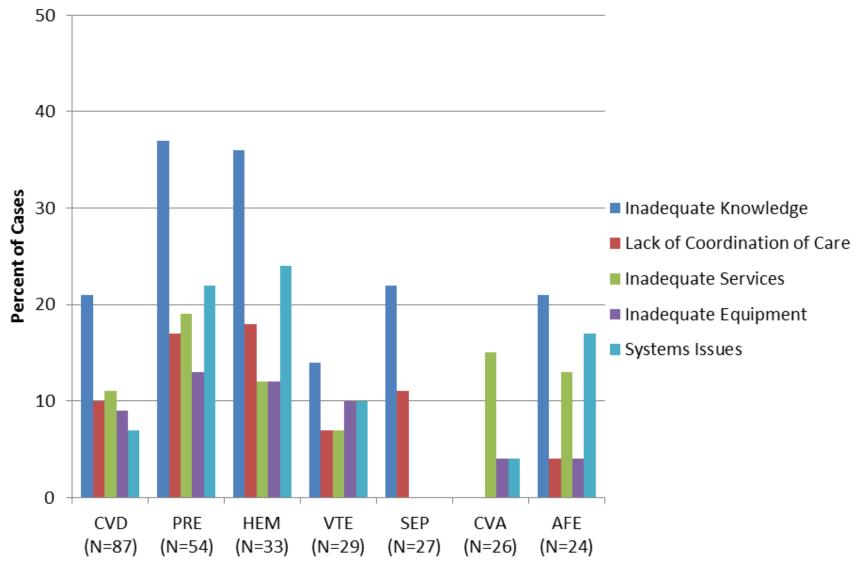


Health Care Provider Factors Contributing to Pregnancy-Related Death, CA-PAMR, 2002-2007



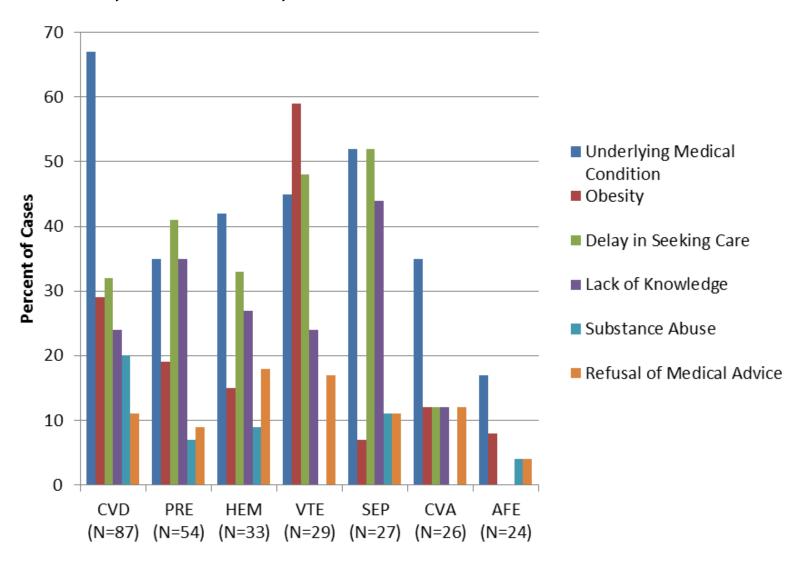


Facility Factors Contributing to Pregnancy-Related Death, CA-PAMR, 2002-2007





Patient Factors Contributing to Pregnancy-Related Death, CA-PAMR, 2002-2007





COMMON Themes

Emphasize the Need for Improvements in:

- Timely diagnosis and standardized, evidence-based management of specific clinical conditions
- Recognition and response to clinical triggers (i.e., warning signs) in clinical status
- Coordination of care issues
- Optimal resuscitation of pregnant women, and earlier consideration of cesarean birth during resuscitation
- Access to care, including timely referrals to, and the availability of, medical consultants or subspecialist care
- Maximizing the health of women before and during pregnancy, and postpartum



HEMORRHAGE

Improvement in care opportunities included

- Facility and clinician readiness through practice standardization, better organization of equipment to treat hemorrhage, and planning for care of high risk patients.
- Hemorrhage recognition through better appreciation of blood loss, risk factors, and early clinical signs of deterioration.
- Reducing delays in giving blood, seeking consultations, transferring
 patients to a higher level of care, and moving on to other treatments
 if the patient was not responding to current treatment.



PREECLAMPSIA

Improvement in care opportunities included

- Birth facilities need standardized policies and protocols for managing severe hypertension, and for blood pressure measurement and monitoring
- Women who were clearly high risk were cared for at hospitals that appeared to lack resources or protocols for managing serious complications
 - Need to access appropriate specialists, personnel, equipment for resuscitation, or medications in a timely manner
- Improve communication between nurses and physicians about a patient's worsening condition. Use of consistent and accurate terminology to convey signs and symptoms of preeclampsia

Patient education

Patient knowledge of signs and symptoms of preeclampsia



CARDIOVASCULAR DISEASE

Improvement in care opportunities included

- Better identification of high-risk factors and signs/symptoms of CVD, including shortness of breath, tachycardia, crackles, wheezing, shoulder pain
- Ensuring that patients at high risk for morbidity from CVD are cared for in facilities with specialists equipped to handle severe conditions
- More rapid, aggressive treatment plan including appropriate medications and better evaluation of patient status

Patient education

- Early warning signs and when to seek care
- Importance of follow-up care post discharge



VENOUS THROMBOEMBOLISM

Improvement in care opportunities included

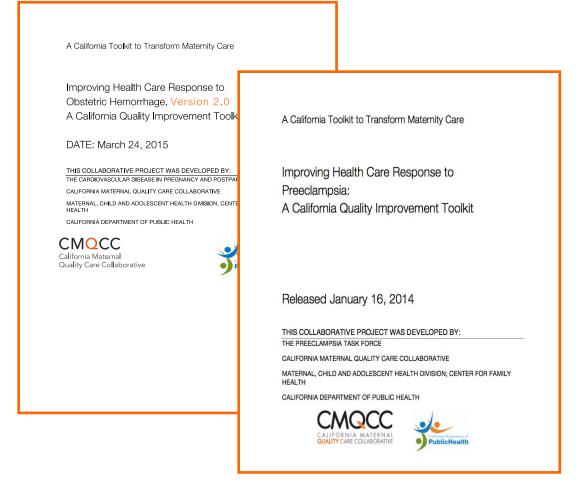
- Implementation of preventative measures including the standardized use of prophylaxis
- Improve methods of recognizing the signs and symptoms of VTE and overall communication strategies among clinicians

Patient education

- Patient knowledge of signs and symptoms
- Consistent and thorough discharge education must be employed with all pregnant and postpartum women and their families.



California Toolkits to Transform Maternity Care



Toolkits Released

- Obstetric Hemorrhage (2010, 2015 updated)
- Preeclampsia (2014)
- Cardiovascular Disease in Pregnancy and Postpartum (2017)
- Available to freely download at: <u>www.cmqcc.org</u>

Toolkits Forthcoming (2018)

 Venous Thromboembolism in Pregnancy and Postpartum



Summary of Major Findings from CA-PAMR Review of 2002 to 2007 Deaths

- 41% of the pregnancy-related deaths had a good-to-strong chance of preventability.
- Cardiovascular disease was the leading cause of pregnancy-related death.
- Racial disparities persist. African-American women continue to die at three-to-four times the rate of women of other racial/ethnicities groups.
- Multiple patient, facility, and health care provider factors contributed to the pregnancy-related deaths.



Major Recommendations and Implications from In-Depth Maternal Mortality Review (1)

- Quality improvements are needed in provider and hospital facility care
- Better communication and coordination is needed within and across hospital departments where pregnant and postpartum women seek care.
- Clinicians caring for African-American women need a heightened sense of awareness of the risk factors among this population.



Major Recommendations and Implications from In-Depth Maternal Mortality Review (2)

- Care needs to be optimized for women entering pregnancy with chronic health conditions, including obesity.
- Social and economic factors need to be taken into account when evaluating effective care and in anticipating the health needs of pregnant and postpartum women.
- Improvements and investments in public health data collection and maternal mortality case review enhance California's ability to monitor maternal mortality and develop evidence-based recommendations to prevent its occurrence.



Next Steps and Future Actions

- Continue California Pregnancy-Associated Mortality Review.
 - Conclude the current review of maternal suicides from 2002 to 2012.
 - Plan for targeted review of obstetric deaths.
- Develop capacity to improve timeliness of mortality reviews.
- Develop capacity to better assign causes of death for years not receiving full case review of obstetric deaths.
- Recommend that California adopt the standard format of the pregnancy check box on the California death certificate.
- Examine shift in deaths occurring 43-365 days postpartum in order to identify prevention opportunities.