TO KEEP BABY AND YOU SAFE FROM PREECLAMPSIA

Let's Do Aspirin!

What is preeclampsia?
Preeclampsia is a serious disease during pregnancy where high blood pressure and other complications can put baby and you at risk.

How can I prevent preeclampsia?
Low-dose aspirin, as recommended by your healthcare provider, is the only known effective solution to prevent preeclampsia.

How can low-dose aspirin keep baby safe?
Studies have shown that taking low-dose aspirin during pregnancy may help reduce your risk for serious problems, like preeclampsia and premature birth.

Ask your healthcare provider, "Am I at risk for preeclampsia?"
#LETSDOASPIRIN

Scan the QR Code to access the MARCH OF DIMES Health Action Sheet to prevent preeclampsia and premature birth.