

## **OB HEMORRHAGE: CARTS, KITS AND TRAYS**

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### **BACKGROUND AND LITERATURE REVIEW**

Postpartum hemorrhage (PPH) is a commonly encountered obstetrical emergency on labor and delivery units throughout California. (1) Although medical management is often successful in treating PPH, the obstetrician may have to resort to surgical measures. For ideal response to the emergency, the obstetrician should have rapid access to surgical instruments and tools designed to treat PPH. Equipment and instruments compiled on an obstetrical hemorrhage “cart” is designed to treat vaginal/cervical lacerations and perform uterine tamponade or uterine/ovarian artery ligation. In short, the cart would have all the instruments necessary to treat PPH before hysterectomy is considered. The reader is referred to other guidelines in this toolkit that depict the use of these techniques. For more in-depth details about the hemorrhage cart, the reader is referred to articles by T.F. Baskett. (2, 3)

### **RECOMMENDATION**

Labor and delivery units construct a sterile tray that provides rapid access to instruments used to surgically treat PPH. Hysterectomy trays are separately available.

### **EDUCATIONAL TOOLS AND SUPPORT DOCUMENTS**

#### **OB Hemorrhage Cart: Recommended Instruments**

- Set of vaginal retractors (long right angle); long weighted speculum
- Sponge forceps (minimum: 2)
- Sutures (for cervical laceration repair and B-Lynch)
- Vaginal Packs
- Uterine balloon
- Banjo curettes, several sizes
- Long needle holder
- Uterine forceps
- Bright task light on wheels; behind ultrasound machine

Diagrams depicting various procedures (e.g. B-Lynch, uterine artery ligation, Balloon placement)

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## **OB Hemorrhage Medication Kit: Available in L&D and Postpartum Floor**

### **PYXIS/refrigerator**

- Pitocin 20 units per liter NS 1 bag
- Hemabate 250 mcg/ml 1 ampule
- Cytotec 200mg tablets 5 tabs
- Methergine 0.2 mg/ml 1 ampule

### **OB Hemorrhage Tray:**

#### **Available on Postpartum Floor**

- IV start kit
- 18 gauge angiocath
- 1 liter bag lactated Ringers
- IV tubing
- Sterile Speculum
- Urinary catheter kit with urimeter
- Flash light
- Lubricating Jelly
- Assorted sizes sterile gloves

### **Labor and Delivery Emergency**

#### **Hysterectomy Tray: Available in L&D OR Suite**

- 4 Towel Clips, Backhaus (perforating) 5 1/4"
- 4 Mosquito, Curved, 5"
- 2 Clamp, Mixer 9"
- 2 Clamp, tonsil
- 2 Clamp, Allis, Extra long 10"
- 2 Clamp, Allis 6"
- 2 Clamp, Babcock 8"
- 2 Clamp, Babcock 6 1/4"
- 2 Clamp, Lahey 6"
- 2 Clamp, Heaney-Rezak, Straight, 8"
- 8 Kelly, Curved 5 3/4"
- 2 Kelly, Straight 5 3/4"
- 8 Pean Curved, 6 1/4"
- 2 Forceps, Debaquey, 9 1/2"
- 1 Forceps, Tissue with teeth 9 3/4"
- 1 Forceps, Russian 8"

- 1 Forceps, Smooth 8"
- 1 Forceps, Ferris Smith
- 2 Forceps with Teeth, 6 "
- 1 Forceps, Russian 6"
- 2 Forceps, Adson with Teeth
- 1 Forceps, Tissue, Smooth, 7"
- 2 Kocher, Straight, 8"
- 6 Forceps, Heaney, Curved, 8 1/4"
- NH, Mayo Hegar, 8"
- 4 Sponge Stick, 9 1/2"

- 1 Scissor, Jorgensen, Curved, 9"
- 1 Scissors, bandage 7"
- 1 Scissors, curved dissecting, Metzenbaum
- 1 Scissors, Mayo, curved
- 1 Scissors, sharp/blunt, Straight, 5 1/2"
- 1 Scissors, Curved Metzenbaum 12"
- 1 Scissors, Mayo Straight 11"
- 1 Scissors, Mayo Curved 11"

- 1 Knife Handle #3
- 1 Knife Handle #4
- 1 Knife Handle #3, Long

- 1 Retractor, Kelly, large
- 1 Retractor, Deaver, Large, 3" x 12"
- 1 Retractor, Deaver, Medium
- 2 Retractor, Med/large Richardson
- 1 Retractor, Balfour Blades
- 2 Retractor, Goulet, 7 1/2"

- 1 Suction, Yankauer Tip
- 1 Suction, Pool Tip

## **EVIDENCE GRADING**

**Level of Evidence: III.** Opinions of respected authorities based on clinical experience, descriptive studies or reports of expert committees.

**Level of Evidence: II-3.** Evidence obtained from multiple time series with or without intervention. Dramatic results in uncontrolled experiments also could be regarded as this type of evidence. Strong quality improvement data such as statistical process control, or other well-designed analysis.

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## CHECKLIST: CARTS, KITS, TRAYS

### OB Hemorrhage Cart: Recommended Instruments

- ☐ Set of vaginal retractors (long right angle); long weighted speculum
- ☐ Sponge forceps (minimum: 2)
- ☐ Sutures (for cervical laceration repair and B-Lynch)
- ☐ Vaginal Packs
- ☐ Uterine balloon
- ☐ Banjo curettes, several sizes
- ☐ Long needle holder
- ☐ Uterine forceps
- ☐ Bright task light on wheels; behind ultrasound machine

Diagrams depicting various procedures (e.g. B-Lynch, uterine artery ligation, Balloon placement)

### OB Hemorrhage Medication Kit: Available in L&D and Postpartum Floor PYXIS/refrigerator

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|--|----------|
| <input type="checkbox"/> Pitocin 20 units per liter NS | 1 bag    |
| <input type="checkbox"/> Hemabate 250 mcg/ml           | 1 ampule |
| <input type="checkbox"/> Cytotec 200mg tablets         | 5 tabs   |
| <input type="checkbox"/> Methergine 0.2 mg/ml          | 1 ampule |

### OB Hemorrhage Tray: Available on Postpartum Floor

- ☐ IV start kit
- ☐ 18 gauge angiocath
- ☐ 1 liter bag lactated Ringers
- ☐ IV tubing
- ☐ Sterile Speculum
- ☐ Urinary catheter kit with urimeter
- ☐ Flash light
- ☐ Lubricating Jelly
- ☐ Assorted sizes sterile gloves

**Labor and Delivery Emergency Hysterectomy Tray:  
Available in L&D OR Suite**

- |  |   |
|--|---|
| <input type="checkbox"/> 4 Towel Clips, Backhaus (perforating)<br>5 1/4" | <input type="checkbox"/> 2 Kocher, Straight, 8"                       |
| <input type="checkbox"/> 4 Mosquito, Curved, 5"                          | <input type="checkbox"/> 6 Forceps, Heaney, Curved, 8 1/4"            |
| <input type="checkbox"/> 2 Clamp, Mixer 9"                               | <input type="checkbox"/> NH, Mayo Hegar, 8"                           |
| <input type="checkbox"/> 2 Clamp, tonsil                                 | <input type="checkbox"/> 4 Sponge Stick, 9 1/2"                       |
| <input type="checkbox"/> 2 Clamp, Allis, Extra long 10"                  | <input type="checkbox"/> 1 Scissor, Jorgensen, Curved, 9"             |
| <input type="checkbox"/> 2 Clamp, Allis 6"                               | <input type="checkbox"/> 1 Scissors, bandage 7"                       |
| <input type="checkbox"/> 2 Clamp, Babcock 8"                             | <input type="checkbox"/> 1 Scissors, curved dissecting,<br>Metzenbaum |
| <input type="checkbox"/> 2 Clamp, Babcock 6 1/4"                         | <input type="checkbox"/> 1 Scissors, Mayo, curved                     |
| <input type="checkbox"/> 2 Clamp, Lahey 6"                               | <input type="checkbox"/> 1 Scissors, sharp/blunt, Straight, 5 1/2"    |
| <input type="checkbox"/> 2 Clamp, Heaney-Rezak, Straight, 8"             | <input type="checkbox"/> 1 Scissors, Curved Metzenbaum 12"            |
| <input type="checkbox"/> 8 Kelly, Curved 5 3/4"                          | <input type="checkbox"/> 1 Scissors, Mayo Straight 11"                |
| <input type="checkbox"/> 2 Kelly, Straight 5 3/4"                        | <input type="checkbox"/> 1 Scissors, Mayo Curved 11"                  |
| <input type="checkbox"/> 8 Pean Curved, 6 1/4"                           | <input type="checkbox"/> 1 Knife Handle #3                            |
| <input type="checkbox"/> 2 Forceps, Debaquey, 9 1/2"                     | <input type="checkbox"/> 1 Knife Handle #4                            |
| <input type="checkbox"/> 1 Forceps, Tissue with teeth 9 3/4"             | <input type="checkbox"/> 1 Knife Handle #3, Long                      |
| <input type="checkbox"/> 1 Forceps, Russian 8"                           | <input type="checkbox"/> 1 Retractor, Kelly, large                    |
| <input type="checkbox"/> 1 Forceps, Smooth 8"                            | <input type="checkbox"/> 1 Retractor, Deaver, Large, 3" x 12"         |
| <input type="checkbox"/> 1 Forceps, Ferris Smith                         | <input type="checkbox"/> 1 Retractor, Deaver, Medium                  |
| <input type="checkbox"/> 2 Forceps with Teeth, 6 "                       | <input type="checkbox"/> 2 Retractor, Med/large Richardson            |
| <input type="checkbox"/> 1 Forceps, Russian 6"                           | <input type="checkbox"/> 1 Retractor, Balfour Blades                  |
| <input type="checkbox"/> 2 Forceps, Adson with Teeth                     | <input type="checkbox"/> 2 Retractor, Goulet, 7 1/2"                  |
| <input type="checkbox"/> 1 Forceps, Tissue, Smooth, 7"                   | <input type="checkbox"/> 1 Suction, Yankauer Tip                      |
|  | <input type="checkbox"/> 1 Suction, Pool Tip                          |

## References

1. Lu MC, Fridman M, Korst LM, Gregory KD, Reyes C, Hobel CJ, et al. Variations in the incidence of postpartum hemorrhage across hospitals in California. *Maternal Child Health Journal* 2005 September;9(3):297-306.
  2. Baskett T. Equipment tray for postpartum hemorrhage in *A Textbook of PostPartum Hemorrhage*. (ed C B-Lynch et al) Sapiens Publishing 2006 (III) 2006.
  3. Baskett TF. Surgical management of severe obstetric hemorrhage: experience with an obstetric hemorrhage equipment tray. *J Obstet Gynaecol Can* 2004 Sep;26(9):805-8.
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